



Metrocare Services

After School Options Program

Term 1 2025	Monday Hub Based	Tuesday Community Based	Wednesday Hub Based	Thursday Community Based	Friday Hub Based
Week 1	DATE TBC Vision Board	DATE TBC Zone Bowling Woodville Cost: \$16.90 	DATE TBC Hand knitting	DATE TBC Waterfall Gully Hike 	DATE TBC Board Games and quizzes
Week 2	DATE TBC Creative writing	DATE TBC Holey Moley Mini Golf Cost: From \$9 	DATE TBC Clay and create	DATE TBC Escape Hunt Adelaide Cost: From \$30 	DATE TBC Meditation and Mindfulness
Week 3	DATE TBC Drawing	DATE TBC Hoyts Arndale Cost: \$16 	DATE TBC Social Media Safety	DATE TBC Semaphore Beach Walk 	DATE TBC Book Club
Week 4	DATE TBC Beaded Jewellery	DATE TBC Swimming at The Parks Recreation Centre Cost: \$6.20-\$7.80 	DATE TBC Yoga	DATE TBC Australian Space Discovery Centre Cost: Free 	DATE TBC Learn a new language

Week 5	DATE TBC Group Puzzles	DATE TBC Adelaide Himeji Gardens Walk 	DATE TBC Share your music	DATE TBC BOUNCEinc Greenacres Cost: From \$16.50 	DATE TBC Make your own sensory item (slime, stressball)
Week 6	DATE TBC Painting	DATE TBC BBQ and scavenger hunt at Rymill Park 	DATE TBC Tie Dye your own T-shirt	DATE TBC Hoyts Arndale Cost: \$16 	DATE TBC Conversation Cards
Week 7	DATE TBC Board Games and Quizzes	DATE TBC Adelaide Walking Tour 	DATE TBC Crafternoon	DATE TBC Zone Bowling Woodville Cost: \$16.90 	DATE TBC Languages revisited
Week 8	DATE TBC Poetry – Happy Haikus, Lovely Limericks and Awesome Acrostic	DATE TBC Escape Hunt Adelaide Cost: From \$30 	DATE TBC Building and maintaining healthy relationships	DATE TBC Chihuly in the Botanic Gardens 	DATE TBC Final Book Club
Week 9	DATE TBC Review and share vision board	DATE TBC Glenelg Beach walk 	DATE TBC Finish hand knitting project	DATE TBC Funtopia Prospect and Gelati Cost: From \$16 	DATE TBC Reflective Writing and Feedback

